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For Diabetic Patients:

- Your Glucose was \_\_\_\_\_ @ \_\_\_\_\_
- Insulin Given \_\_\_\_\_
- Standard Instructions Given Below

Your Glucose and insulin therapy (if any) are recorded above. Follow the diet instructions given by your surgeon.

**If you take pills for your diabetes:**

- Restart these medicines when you are able to eat. You must restart them by the day after the procedure, or contact your primary care physician for instructions.

**If you use insulin for your diabetes:**

- Follow your glucose carefully with your glucometer. Adjust your insulin according to your glucose reading and food intake.
- If you do not have a glucometer, resume your usual dose of insulin tomorrow if you are able to eat. If you are unable to eat or drink, contact your surgeon or primary care physician. (If possible, check your glucose before taking insulin until you resume your usual glucose control.)

A nurse will review these instructions with you before your discharge. If you have further questions after you are discharged, please contact your surgeon or primary care physician.

I have received a copy of the Diabetic Instructions.

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Signature of Patient Date

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Signature of Responsible Person Date

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Signature of Person Completing Form if not Physician Date

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The Reading Hospital and Medical Center

**POST PROCEDURE  
DIABETIC INSTRUCTIONS**

White - Patient Copy

Yellow - Chart Copy